



University of
Strathclyde
Glasgow

Engage with Strathclyde

FitBack Scotland: Developing a Fitness Monitoring System for Scottish Children

Wednesday 3rd May 3.30 – 4.45pm

Agenda

- 3.15 - 3.30 *Registration.*
- 3.30 - 3.35 Welcome and aims (Dr Bardid & Prof Reilly Strathclyde).
- 3.35 - 3.40 Why fitness matters in childhood and beyond & why we should be monitoring it in Scottish schools (Prof Reilly).
- 3.40 - 3.50 FitBack- How EU countries monitor fitness in schools, including an example from Finland (Dr Bardid & Prof Tuija Tammelin, JAMK University of Applied Sciences).
- 3.50 - 4.00 FitBack Scotland- prototype and resources (Dr Bardid).
- 4.00 - 4.15 Using the Fitback Scotland prototype in primary schools (Dr Andrew Dalziell Strathclyde & Cameron Stewart University of the West of Scotland).
- 4.15 - 4.25 Q&A with speakers, chaired by Dr Bardid and Prof Reilly.
- 4.25 - 4.40 How to scale up the FitBack Scotland prototype and develop a national fitness monitoring system – discussion chaired by Dr Bardid & Prof Reilly.
- 4.40 - 4.45 *Event close.*

**Engage
with Strathclyde**

**THE QUEEN'S ANNIVERSARY
PRIZES 2019 & 2021**
For Higher and Further Education

**UNIVERSITY OF THE YEAR
2012 & 2019**
Times Higher Education

**SCOTTISH UNIVERSITY
OF THE YEAR 2020**
The Times & The Sunday Times